
LUNCH MENU

Soup

Soup of the day	\$12.00
Additional extra: Toasted ciabatta bread and butter	\$ 3.00

Risotto

all finished with butter and parmesan cheese and your choice of:

Crushed pea risotto * / **	\$12.00
Tomato and basil pesto risotto * / **	\$12.00
Additional extras: crispy bacon, grilled chorizo sausage or smoked salmon	\$4.00 each

Salad

Caesar Salad with crispy bacon and a poached egg	\$14.00
Greek Salad with feta cheese, black olives, tomatoes and salad * / **	\$14.00
Crispy feta and basil wontons with sweet and sour vegetable salad **	\$12.00
Palms own hot smoked salmon with avocado salad and tomato pesto	\$14.00

Omelet:

3 egg omelets served with salad and choice of:

Tomato and cheese * / **	\$13.00
Palms own hot smoked salmon *	\$14.00
Additional extras: crispy bacon, chorizo sausage or smoked salmon	\$4.00 each

Curry

Roasted kumara and cashew nut, in a thick yoghurt curry, date and ginger chutney * / **	\$12.50
Mussels, clams and fish, in a coconut curry * / ***	\$14.00
Additional extras: poppadums, flatbread, steamed rice	\$4.00 each

Seafood

Fishcakes with green salad and homemade tartate sauce *	\$14.00
Fettuccini with fresh Palms smoked salmon	\$15.00
Fried crispy squid, salad, chilli mayonnaise	\$13.00

Protein

Steak sandwich with onion jam, brie cheese and green salad	\$15.00
Lambs fry with mustard gravy, mushy peas and Yorkshire pudding	\$14.00
Tender strips of beef with red onion and creamy mash *	\$14.00

Sides: (for one)

Light green salad, lemon dressing * / ** / ***	\$3.00
Potato lyonnaise; fried potato with bacon and red onion *	\$4.00
Shoe string chips with aioli **	\$6.00

* GLUTEN FREE ** VEGETARIAN ***DAIRY FREE

LUNCH MENU

Dessert:

Two scoops of refreshing sorbets * / ***	\$6.00
Chocolate brownie with chocolate fudge sauce and fresh whipped cream	\$6.50 \$10.00
Vanilla brulee with orange and poppy seed biscotti	\$14.00
Steamed ginger pudding with hokey pokey sauce and vanilla ice cream	\$14.00
'Floating island' poached meringue, with French custard (a lovely light & classic French dessert) *	\$12.00
Tiramisu with ristretto jelly	\$14.00
Warm rich chocolate press cake with chocolate fudge sauce, vanilla bean ice-cream and yoghurt *	\$15.00
Boysenberry cheesecake, berry coulis, fresh cream	\$14.00

To enjoy with your coffee

A perfect addition to your coffee or tea:

Choose from:

Coconut macaroon, Amaretti or Shortbread biscuits	\$4.00
or chocolate truffles	\$4.00

Non-Alcoholic Drink

Short Black - Long Black - Flat White - Latte - Cappuccino – Mochaccino

– Hot Chocolate (*Soy and decaf available on request*) From: \$3.50 to \$4.00

Selection of Herbal and Traditional Tea Cup \$3.00, Pot \$6.00

Selection of fruit Juices: Pineapple, Grapefruit, Cranberry, Orange, Apple and Tomato \$6.00

Mineral Water: Sparkling 375 ml and still 375 ml \$5.00

Coke, Diet Coke and Lemonade \$3.50

* GLUTEN FREE ** VEGETARIAN ***DAIRY FREE
